

Year 4  
Autumn 2022

# Health and Wellness



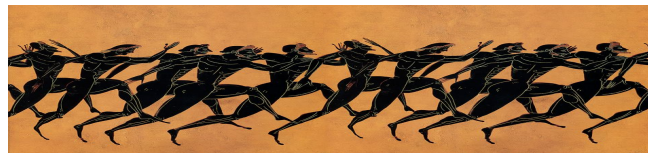
**Essential question:** *How can we inspire others to have healthy minds and bodies?*  
**Call to action:** *Raise awareness of different ways to champion a healthy mind and body*

**About this unit:** In this unit children will focus on history,

The children will be learning about life in Ancient Greece and the influence the Ancient Greeks had on our understanding of Health and Wellness. We will consider similarities and differences between Ancient Greece and the present day as well as considering the reliability of historical evidence. They will then find out about living things in our local area and classify them, recognising that changes in the environment can pose dangers to them. In PSHE, we will consider the health and wellbeing risks in our lives and develop confidence in our own choices for a healthy lifestyle now and as we get older. We will develop our mastery skills in art by improving our drawing and painting techniques, being inspired by exploring the art of great artists to produce an artistic piece to present to members of the local community linked to developing our mental wellbeing.

**English:**

In English, we will be looking at the text try Poetry Pie. We will be looking at different types of poems and the features used. We will be writing our own poems that reflect feelings and emotions. We will then write a biography about a famous sport individuals.



**RE:**

We will look at what Hindus believe God is like and finding out what it means to be a Hindu in Britain today.

**Computing:**

We will look at computing systems and networks. We will then look at repetition in programming.

It will be essential for your child to read for 15 minutes per day, practise their times tables and use MyMaths weekly or TTRockstars at home to support their learning.

In P.E children will be taking part in tag rugby with Mr Blackler and Mr Saunders.  
In Music, they will have opportunity to use new instruments with Mrs Devonport.

**Maths:**

This term, we have started our learning by reflecting on shapes and symmetry. We will build on from Year 3 learning and develop our understanding of 4 digit numbers. During this time, we will also be revising our times tables.

**Home learning challenge**



Make a Greek pot!

We know the Greeks shared their activities through art on pots. Draw a scene on a pot (or paper) of something you enjoy taking part in.