



Year 4

Health and Wellness

Autumn 1 2021



Essential question: *How can we inspire others to have healthy minds and bodies?*
Call to action: *Raise awareness of different ways to champion a healthy mind and body*

About this unit: In this unit children will focus on history,

The children will be learning about life in Ancient Greece and the influence the Ancient Greeks had on our understanding of Health and Wellness. We will consider similarities and differences between Ancient Greece and the present day as well as considering the reliability of historical evidence. They will then find out about living things in our local area and classify them, recognising that changes in the environment can pose dangers to them. In PSHE, we will consider the health and wellbeing risks in our lives and develop confidence in our own choices for a healthy lifestyle now and as we get older. We will develop our mastery skills in art by improving our drawing and painting techniques, being inspired by exploring the art of great artists to produce an artistic piece to present to members of the local community linked to developing our mental wellbeing.

English

In English, we will be looking at the text try Poetry Pie. We will be looking at different types of poems and the features used. We will be writing our own poems that reflect feelings and emotions. We will then write a 'rag to riches' style story set in the Greek Olympics.

It will be essential for your child to read for 15 minutes per day, practise their times tables and use MyMaths weekly or TTRockstars at home to support their learning.



Home learning challenge

Make a Greek pot!

We know the Greeks shared their activities through art on pots.
Draw a scene on a pot (or paper) of something you enjoy taking part in.



Maths

This term, we have started our learning by reflecting on shapes and symmetry. We will build on from Year 3 learning and develop our understanding of 4 digit numbers. During this time, we will also be revising our times tables.

In P.E children will be taking part in tag rugby with Mr Blackler and Mr Saunders. In Music, they will have opportunity to use new instruments with Mrs Devonport. In French the children are going to be taught by a French lady called Madame Jones. They are learning key phrases to communicate with another French child.