

# Kidz to Adultz Middle 2019

## 10th Anniversary Supplement

THURSDAY 21ST MARCH  
2019

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RICOH ARENA, COVENTRY

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CPD PROGRAMME NOW  
AVAILABLE

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BRING THE CHILDREN &  
JOIN IN OUR  
CELEBRATIONS



**Disabled Living**  
Practical solutions supporting disabled adults, children & older people

Charity number: 224742



**Kidz to Adultz Middle**  
**Thursday 21st March 2019**  
**9.30am—4.30pm**  
**Ricoh Arena, Coventry, CV6 6GE**



One of the largest FREE UK events supporting children & young adults up to 25 years with disabilities and additional needs, their families, carers and the professionals who support them.

**Celebrating 10 Years of Kidz to Adultz Middle**

**100+ Exhibitors**

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**10 FREE CPD  
Seminars**

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**FREE Parking**

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**Children Welcome**



Register for your visitors' FREE entry tickets via our website  
**[www.kidzexhibitions.co.uk](http://www.kidzexhibitions.co.uk)**  
Email: [info@disabledliving.co.uk](mailto:info@disabledliving.co.uk) or Tel: 0161 607 8200  
Tickets are not compulsory, you can register on arrival.

# Celebrating 10 Years of Kidz to Adultz Middle



A Coventry based exhibition dedicated to helping young people with disabilities and their carers has doubled in size ahead of its ten year anniversary. The Kidz to Adultz exhibition has been exhibiting at the Ricoh Arena since 2009 and in that time has seen its number of exhibitors grow from 70 in the first year to more than 130 in 2018, while the number of visitors have risen from 1,400 initially to more than 3,000 last year.

The exhibition is organised by the charity Disabled Living, and offers children, young adults, their carers and the professionals who support them. There is the opportunity to view the most up-to-date equipment, access services and seminar based advice to help improve individuals' independence and quality of life.

A core part of the show also provides people with disabilities and additional needs access to funding streams to purchase specialised equipment, respite care and much more which often runs into thousands of pounds. Carmel Hourigan, senior manager at Disabled Living, has overseen the development of the show in Coventry which returns for its tenth edition at the Ricoh Arena on Thursday 21st March 2019.

Carmel highlights: "This exhibition reflects the real issues that 800,000+ under 25s with disabilities and their carers are experiencing in day to day life in the UK, which is why our event has grown consistently year on year often via word of mouth.

"Bringing up a child with a disability can be a challenging and sometimes an overwhelming experience. Whether it is knowing how to handle a particular condition or finding the money for a piece of equipment to improve their quality of life which is particularly pertinent in an age where technology is advancing so much.

"At this year's show there is a particular demand to talk about the process to follow when booking a flight abroad, adopting practical approaches to improve sleep patterns and creating behaviour plans to combat challenging behaviour.

"The majority of our visitors who come back year after year, often bring new faces along with them which has seen the show grow steadily but consistently every year."

The Kidz to Adultz exhibition is situated in the Ricoh Arena's Ericsson Indoor Arena, where the show has also doubled its show space from 2,000 square metres to 4,000 square metres.

**Caroline Lissaman, head of event management at the Ricoh Arena, added:**

"The Kidz to Adultz exhibition is what we are all about as an events venue in terms of helping shows to develop and grow. We are very proud to be marking ten years with the show.

"It is important exhibitions that provide a vital service to so many people are as accessible as possible. Given our venue is within two hours' drive of 75 per cent of the UK's population, we feel we can help Carmel and her team to continue on their trajectory of growth over the coming years."

# Free CPD Seminars at Kidz to Adultz Middle

## Sponsored by Treloar

### SEMINAR ROOM 1

#### 10.30am Bridging the Gap – Using the 3rd Sector

**Deborah Bell**  
**Enablement Team Manager**  
**Disabled Living**

#### 11.30am The Challenges of Hoisting Children

There are many different scenarios where hoisting children can be challenging and this practical seminar will explore some of the possibilities which can help improve the hoisting experience.

We will look at how support comfort and safety can be maximised by using the appropriate size or shaped sling bar for a hoisting activity.

**Colin Williams**  
**Category Sales Manager**  
**Overhead Hoists**  
**ETAC R82**

#### 1.00pm AspergerWorld: My Autism's Hidden Hardships and Gifts

**Joely Williams (nee Colmer)**  
**Autistic, World Award Winning Motivational Speaker, Autism Trainer and Best Selling Author of AspergerWorld**

### SEMINAR ROOM 2

#### 10.30am Evidence Based Sleep Strategies

This seminar will look at the details of the latest research projects around ADHD and ASD, including the interventions and outcomes, that The Children's Sleep Charity have been involved in.

**Helen Rutherford**  
**Sleep Practitioner**  
**The Children's Sleep Charity**

#### 11.30am A Multidisciplinary Approach to Supported Standing Therapy

This seminar will highlight a multidisciplinary approach to supported standing for children with neurological disorders. It will consider the importance of child-centered upper extremity activity in the class and home environment to improve enjoyment during supported standing sessions.

**Michelle Stowell, Paediatric Physiotherapist**  
**James Gilmour, Occupational Therapist**  
**James Lackey Design**

#### 1.00pm The Why, When, Where and How of Toilet Training Children with Additional Needs

This seminar will focus on answering the questions of why children with additional, physical or learning needs should be toilet trained, when this should be started, the best places for toilet training and most importantly strategies for toilet training.

**Davina Richardson**  
**Children's Continence Advisor**  
**Bladder and Bowel UK – Disabled Living**

[Click here to view the exhibitor list](#)



# Free CPD Seminars at Kidz to Adultz Middle

## Sponsored by Treloar

### SEMINAR ROOM 1

#### **2.00pm The EHCP Process and How to Appeal If You're Not Happy with an EHCP**

The seminar will deal with what EHCPs are, the EHCP process and how to appeal if you're not happy with an EHCP. The presentation will cover:

- The purpose and content/structure of an EHCP (including a summary of the different sections)
- The process for obtaining an EHCP:
- Maintenance of the EHCP and the review/re-assessment process
- A summary of grounds for appeal and the appeal process.

**Rachel Gibby**  
**Solicitor**  
**Knights PLC**

### SEMINAR ROOM 2

#### **2.00pm Bathing – The Right to Play**

Play, along with the basic needs of nutrition, health, shelter and education are vital to develop the potential of a child according to the United Nations. In the UK, many children play at bath time, yet it is not often a primary consideration within an Occupational Therapist's recommendations during the assessment process. This session will explore "play" as an occupation and consider how legislation and clinical reasoning can be used to support the necessity of a bath in the design process.

**Kate Sheehan DipCOT**  
**Occupational Therapist**  
**The OT Service**

#### **3.00pm Planning for the Future – (Trusts, Lasting Power of Attorney, Deputyships, Wills)**

Parents and carers need to be aware if vulnerable beneficiaries acquire wealth either by life time gift or inheritance then they could possibly be vulnerable from there own inappropriate spending; exploitation from unscrupulous third parties and loss of means tested benefits. Our presentation highlights the threats and offers guidance on how this can be avoided.

**Philip Ogden AIPW**  
**Senior Consultant**  
**Estate Planning Solutions**

#### **3.00pm Challenging Behaviour and Supporting the Family in the Home**

This seminar will detail the factors that are important and sometimes overlooked when assessing 24 hour postural management. It will aim to look at what an optimal postural management plan would include through a person-centred solution.

**Shruti Verma**  
**Senior Physiotherapist**  
**More Rehab Ltd**



# YOU CAN **WIN** PRIZES

Be in with the chance of winning a one night stay, double or twin room with breakfast at DoubleTree by Hilton Hotel at the Ricoh Arena – Coventry

As part of our 10 year celebrations all visitors who attend the event will be entered into our prize draw with a chance to win this fabulous prize:-

A table of four at the Saracens match in our Premier Hospitality Lounge at the Ricoh Arena including the following –

- Three Course, Choice Menu
- Champagne reception on Arrival
- Complimentary Selected Wines, Beers and Soft Drinks until the Final Whistle
- Pre-Match Commentary from a Wasp first team player
- A Complimentary official match day programme
- Complimentary Tea & Coffee
- Direct access to the corporate balcony
- On-site match day parking
- Includes hotel accommodation – 1 night (twin or double room with breakfast)

Value £900

In association with **RICOH ARENA**

[Click here to register for your visitors FREE entry tickets for Kidz to Adultz Middle](#)



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