

Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal

OPTION 1

OPTION 2



Veggies



Pasta



Filled Rolls



Sweet Treats



Margherita pizza & oven baked wedges



Cheesy bean pasta bake



Vegetable sausages with roast potatoes & gravy



5 bean chilli with Mexican rice



Vegetable nuggets, chips & tomato ketchup



Cajun chicken pizza & oven baked wedges

Mild chilli beef & bean macaroni cheese

Roast gammon with roast potatoes & gravy

Chicken fajita with Mexican rice



Fish fingers, chips & tomato ketchup

Green beans & sweetcorn



Broccoli



Broccoli & roasted carrot



Rainbow vegetables



Baked beans



Penne pasta with house tomato sauce



Penne pasta with a creamy cheese sauce



Creamy pesto penne pasta



Penne pasta with a creamy cheese sauce



Penne pasta with house tomato sauce



Ham Cheese or Tuna mayo

Ham Cheese or Tuna mayo

Ham Cheese or Tuna mayo

Ham Cheese or Tuna mayo

Cheese or Tuna mayo

Chocolate shortbread



Fruit crumble & custard



Orange jelly & mandarins



Sliced fruit selection



Strawberry yogurt & strawberry sauce



Available Every Day -

Crunchy Colourful Salad Bar

Jacket Potato with Cheese, Beans, Tuna Mayonnaise or Cheese & Beans

A choice of Fruit, Jelly or Yoghurt

KEY

Wholegrain



Vegetarian



Nutritionist's Choice



Vegan



Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal

OPTION 1

OPTION 2



Margherita pizza & oven baked wedges



Baked creamy mac 'n' cheese



Roast Quorn fillet with mashed potatoes and gravy



Mixed bean & vegetable fajita with Mexican rice



Vegetable sausages, chips & tomato ketchup



Sweet chilli salmon melt & oven baked wedges

BBQ chicken loaded mac 'n' cheese

Pork sausage stuffed yorkie, mashed potatoes and gravy

Mild beef chilli topped jacket potato with nacho crunch

Fish & chips with tomato ketchup

Veggies



Peas



Rainbow vegetables



Broccoli & roasted carrots



Crudites and salad bar selection



Baked beans



Pasta



Penne pasta with a creamy cheese sauce



Penne pasta with house tomato sauce



Creamy pesto penne pasta



Penne pasta with a creamy cheese sauce



Penne pasta with house tomato sauce



Filled Rolls



Ham Cheese or Tuna mayo

Ham Cheese or Tuna mayo

Ham Cheese or Tuna mayo

Ham Cheese or Tuna mayo

Cheese or Tuna mayo

Sweet Treats



Watermelon wedge



Apple pie with custard



Chocolate sponge & chocolate sauce



Watermelon wedge



Fruity flapjack



Available Every Day -

Crunchy Colourful Salad Bar
Jacket Potato with Cheese, Beans, Tuna Mayonnaise or Cheese & Beans
A choice of Fruit, Jelly or Yoghurt

KEY

Wholegrain



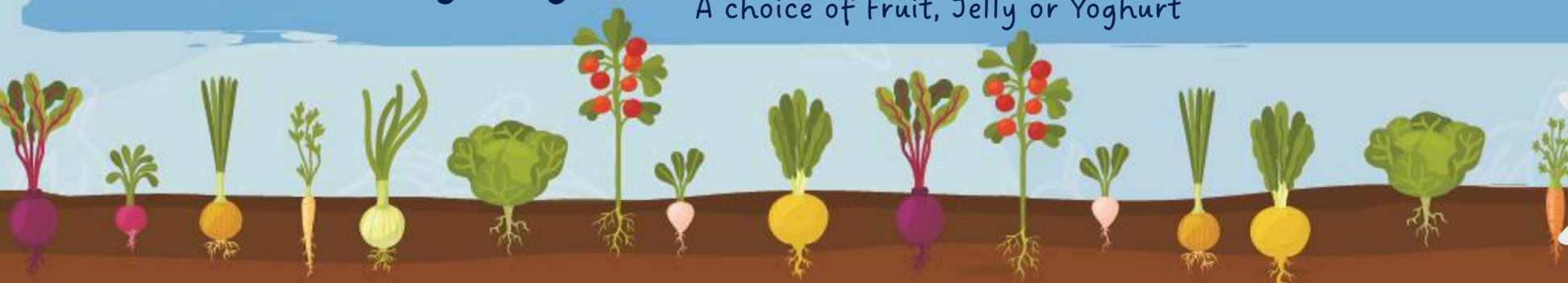
Vegetarian



Nutritionist's Choice



Vegan



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Mixed bean bolognaise with penne pasta	Vegetable sausage stuffed yorkie, mashed potatoes with gravy	Roast Quorn fillet with roast potatoes & gravy	Cauliflower & chickpea korma with mixed rice	Quorn dippers, chips & tomato ketchup
	Beef & lentil bolognaise with penne pasta	Pork sausages with mashed potatoes & gravy	Roast chicken breast, roast potatoes & gravy	Chicken & chickpea korma with mixed rice	Fish fingers, chips & tomato ketchup
Veggies	Green beans & sweetcorn	Peas & carrots	Broccoli & roasted carrots	Tomato, cucumber & carrot salad	Baked beans
Pasta	Penne pasta with a creamy cheese sauce	Penne pasta with house tomato sauce	Penne pasta with a creamy cheese sauce	Penne pasta with house tomato sauce	Creamy pesto penne pasta
Filled Rolls	Ham Cheese or Tuna mayo	Ham Cheese or Tuna mayo	Ham Cheese or Tuna mayo	Ham Cheese or Tuna mayo	Cheese or Tuna mayo
Sweet Treats	Lemon shortbread	Orchard crumble with custard	Strawberry yogurt & strawberry sauce	Chocolate & orange brownie	Sliced fruit selection

Available Every Day -
Crunchy Colourful Salad Bar
Jacket Potato with Cheese, Beans, Tuna Mayonnaise or Cheese & Beans
A choice of Fruit, Jelly or Yoghurt



KEY

Wholegrain

Vegetarian

Nutritionist's Choice

Vegan