

ALLERGEN MATRICES



This document includes the allergen information for our Autumn 2026 primary lunch menu. Due to local variations on menus, there may be dishes in this report that are not available. Please refer to the school's lunch menu for available dishes.

We rely on information provided by our suppliers and manufacturers which is updated in our systems daily. The information within this document was accurate at the time of printing on -

08/26

All meals for pupils with allergies must be pre-ordered at least one week in advance.



IFG

KEY

✓ = contains

M = may contain

Blank = does not contain

Menu FIR Intolerance Report

AA Primary Menu IFG Non Halal (A) Oct 26

Dish Name
Cereals containing Gluten :
Wheat
Spelt (Wheat)
Kamut (Wheat)
Rye
Barley
Oats
Fish
Crustaceans
Molluscs
Eggs
Soybeans
Milk
Tree Nuts :
Almonds
Hazelnut
Walnut
Cashew nut
Pecan nut
Brazil nut
Pistachio nut
Macadamia nut or Queensland nut
Peanuts
Celery
Mustard
Sesame
Sulphur dioxide/sulphites
Lupin

Wk 1 Monday

[illegible]

Wk1 Tuesday

[illegible]

Wk1 Wednesday

[illegible]

Wk1 Thursday

[illegible]

AA Primary Menu IFG Non Halal (A) Oct 26

Dish Name

<u>Cereals containing Gluten :</u>						Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	<u>Tree Nuts :</u>						Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats							Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut						

Wk1 Friday

AA Primary Fish, Chips & Ketchup 1019544 (Yield 5ptn/s)							✓																				
AA Primary Vegetable Sausage with Chips and Ketchup 1018576 (Yield 20ptn/s)																											
AA Primary Wibble Raspberry Jelly 1002523 (Yield 20ptn/s)																											
Primary Baked Beans 2937 (Yield 100ptn/s)																											

Wk2 Monday

AA Primary Margherita Pizza & Oven Baked Wedges 1019535 (Yield 12ptn/s)																											
AA Primary Sweet Chilli Salmon Melt & Oven Baked Wedges 1028239 (Yield 10ptn/s)							✓																				
AA Primary Watermelon Wedge 1009303 (Yield 10ptn/s)																											
Primary Garden Peas 2934 (Yield 100ptn/s)																											

Wk2 Tuesday

AA Primary Apple Pie 1028533 (Yield 50ptn/s)							✓																				
AA Primary Baked Mac 'n 'Cheese 1008178 (Yield 10ptn/s)							✓					M															
AA Primary BBQ Chicken Loaded Mac n Cheese1015542 (Yield 10 Ptn/s)							✓					M															
Primary Rainbow Vegetables 1027721 (Yield 100ptn/s)																											

Wk2 Wednesday

AA Primary Chocolate & Orange Brownie 1028718 (Yield 32ptn/s)							✓																				
AA Primary Pork Sausage, Mashed Potatoes & Gravy 3868 (Yield 100ptn/s)																										✓	
AA Primary Vegetable Sausage Mashed Potatoes & Gravy 10797 (Yield 10ptn/s)																											
Primary Broccoli & Roasted Carrots 1027718 (Yield 20 ptn/s)																											

Wk2 Thursday

AA Primary Menu IFG Non Halal (A) Oct 26

Dish Name

<u>Cereals containing Gluten :</u>						Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	<u>Tree Nuts :</u>						Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats							Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut						

AA Primary Mild Beef Chilli topped Jacket Potato with Nacho Crunch 1028259 (Yield 30ptn/s)																											
AA Primary Mixed Bean & Vegetable Fajita With Mexican Rice 1028257 (Yield 30ptn/s)																											
AA Primary Watermelon Wedge 1009303 (Yield 10ptn/s)																											
Primary Salad Bar Recipe 1005370 (Yield 1ptn/s)																											

Wk2 Friday

AA Primary Fish, Chips & Ketchup 1019544 (Yield 5ptn/s)							✓	✓																			
AA Primary Fruity Flapjack 1009304 (Yield 32ptn/s)							✓																				
AA Primary Vegetable Sausage with Chips and Ketchup 1018576 (Yield 20ptn/s)																											
Primary Baked Beans 2937 (Yield 100ptn/s)																											

Wk3 Monday

(H) AA Primary Rainbow Vegetables Stir Fry Rice 1011540 (yield 10ptn/s)																											
AA Primary Beef & Lentil Bolognaise with Pasta 1019354 (Yield 150ptn/s)											M																
AA Primary Lemon Shortbread 3855 (Yield 96ptn/s)																									✓		
AA Primary Mixed Bean Bolognaise With Penne pasta (may contain soya)1019604											M																
Primary Green Beans & Sweetcorn 1027714 (Yield 100ptn/s)																											

Wk3 Tuesday

AA Primary Orchard Crumble 1028582 (Yield 32ptn/s)																											
AA Primary Pork Sausage, Mashed Potatoes & Gravy 3868 (Yield 100ptn/s)																									✓		
AA Primary Vegetable Sausage Mashed Potatoes & Gravy 10797 (Yield 10ptn/s)																											
Primary Carrots & Peas 2932 (Yield 80ptn/s)																											

Wk3 Wednesday

AA Primary Menu IFG Non Halal (A) Oct 26

[illegible]